



Summer Co-ed Baseball League Policy

PREAMBLE

The Western Valley Summer Co-ed Baseball League is organized and operated under the authority of the Western Valley Recreation Association, Inc.

The association is a voluntary organization committed to the development of recreation services in the Western Valley Region, encompassing communities from Nackawic to Tobique Valley which include, District of Tobique Valley, Village of Southern Victoria, Tobique First Nation, District of Carleton North (Centreville, Bath, Florenceville-Bristol), Town of Hartland, Town of Woodstock, Municipality of Lakeland Ridges, and the Community of Nackawic-Millville). Any community within the geographic areas of the Western Valley, having full membership or associate membership as outlined in the WVRA Constitution enrolled with the Western Valley Recreation Association Inc. may enter a contingent in the league and be granted a “service area”. The recreation department service areas are defined using proximity, telephone exchanges, and school districts. Participation is open to all residents within a service area who meet the age requirements specified (subject to the discretion of the association). Associate members may have their own contingent or may join in with the closest member to ensure participation.

The policies and guidelines contained in this document have been adopted by the Western Valley Recreation Association, Inc. as the official policy manual for the operation and administration of the Western Valley Summer Co-ed Baseball League. Additional communities who wish to play recreational ball can also inquire to play in this league. Traditionally, Grand Falls and Edmundston have been included in this league.

AUTHORITY

The sponsor and governing authority of the Western Valley Summer Co-ed Baseball League herein after noted, as the “Co-ed Baseball League” is the Western Valley Recreation Association, Inc. herein after noted as the “Association”.

The Association initiates and/or ratifies all decisions, policies, recommendations, etc. relevant to the operation of the Co-ed Baseball League.



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LONG TERM ATHLETE DEVELOPMENT (LTAD) PROCESS

The LTAD framework was implemented in efforts to fully integrate and align athlete development, coaching development, and all elements of our baseball system into a guide for planning for optimal performance for all stages of athlete development. This process will identify gaps in our existing system and provide guidelines for problem solving.

Core principles in the LTAD journey will be:

- To develop the optimal training, competition and recovery program for Canadian baseball players that meet the needs of our athletes at each stage of their biological development and maturation.
- To provide equal opportunity for all our players to participate and develop to their maximum potential.
- To provide a program of excellence that will be athlete-centred, coach-driven and supported by administration, sport science and sponsorship that is world-class.

The Baseball Canada Long Term Athlete Development Plan is in APPENDIX A at the end of this policy. All the information required is provided in this document include all the technical aspects to be taught at the different stages of development.

POLICY

Age Categories

9U – 9 years and under (9 years old and younger who do not reach their 10th birthday during the current calendar year.)

11U – 10 & 11 year old's (11 years old and younger who do not reach their 12th birthday during the current calendar year).

13U – 12 & 13 year old's (13 years old and younger who do not reach their 14th birthday during the current calendar year).

15U – 14 & 15 year old's (15 years old and younger who do not reach their 16th birthday during the current calendar year).



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Ball Size

Age Categories

9U

11U

13U

15U

Ball Size

Soft Touch Ball

65cc

65cc

80cc

Player equipment

Each community team must have batting helmets, catcher's helmet & mask & chest protector, shin pads, bats, balls, and should have the same color t-shirts/uniforms.

Season length

- The season for baseball will be 8 weeks or longer depending on the age categories during the summer.
- Deadline for registering a team in the league will be second Friday in June.
- Registration fees for all leagues must be paid by the first game of the year end tournament.

Games

9U (Game nights – Thursdays)

- Northern and Southern Divisions will depend on the number of teams registered.
- Cost to the League will be \$75.00 per team.
- One scheduled game per week. Length of game shall be 1 ½ hr time limit.
- Jamboree at the end of the season with no championship play. Each team is guaranteed 2 games and all participants will receive a participant incentive.

11U (Game nights – Wednesday)

- Northern and Southern Divisions will depend on the number of teams registered.
- Cost to the League will be \$100.00 per team.
- One scheduled game per week. Length of game shall be 6 innings of play or 2hr time limit. Which every come first.
- Tournament at the end of the season, which will include championship play.

13U (Game Nights – Tuesday)

- Northern and Southern Divisions will depend on the number of teams registered.
- Cost to the League will be \$100.00 per team.
- One scheduled game per week. Length of game shall be 7 innings of play or 2 ½ hr time limit. Which every come first.



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- Tournament at the end of the season, which will include championship play.

15U (Game Nights – Monday)

- Northern and Southern Divisions will depend on the number of teams registered.
- Cost to the League will be \$150.00 per team.
- One scheduled game per week. Length of game shall be 7 innings of play or 2 ½ hr time limit. Which ever come first.
- Tournament at the end of the season, which will include championship play.

Rules of Play

- Fair Play concept will be promoted and adhered to.
- Baseball NB Rules and Western Valley League Rules will apply during scheduled league games and jamborees and tournaments.
- Skills shall be taught age appropriate.
- Provide an opportunity for all participants to be equally involved in the sport.
- All competitive players are eligible to play on their community team.
- If there is an all-star competitive team, this team will not be eligible to play in the community summer league.
- If there is not enough interest in one community to field a team, then participants may go to other areas to play.
- Any Cancellations must be made by 4:00pm the day of the game.
- Pitching Rules:

9U	11U	13U	15U	Rest Days Required
Coach pitches to his own team for the whole game	1 to 25	1 to 30	1 to 35	None
	25 to 40	31 to 45	36 - 50	1 day
	41 to 55	46 to 60	51 to 65	2 days
	56 to 65	61 to 75	66 to 80	3 days
	66 to 75	76 to 85	81 to 95	4 days
	75	85	95	Maximum

- An appearance shall be defined as 1 pitch thrown or more. Every pitch thrown in the game is counted (including foul tips, and foul Balls). Warm-up pitches between innings, or when a new pitcher enters the game, are not part of the count. Intentional walks will be included in Pitch Count totals.
- If a player is in the middle of an at bat when the limit is reached, the pitcher will be permitted to finish the batter if their maximum pitch has been reached for that calendar day. Following that batter they must be removed from the pitching position.
- When a pitcher reaches the maximum number of pitches allowed for a threshold (see table above), he can complete the at-bat without the penalty on days of rest, as long as he does



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not pitch to another batter. In this situation, the number of pitches corresponding to the threshold reached will be indicated on the pitching log. The coach or manager needs to acknowledge this to the umpire at this moment prior to the next pitch (the pitch that breaks the threshold). The umpire would then notify the scorekeepers.

- A Pitcher's combined 4-day pitch count cannot exceed:
 - 11U: 105
 - 13U: 120
 - 15U Boys/16U Girls: 135
 - 18U/Canada Cup/Canada Games: 150
 - 21U: 165



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Recreational Baseball Recommended Rules

	9U	11U	13U	15U	18U
Stealing/Leadoffs	No stealing No leadoffs	No stealing No Leadoffs	No stealing No Leadoffs	Stealing and leadoffs permitted	Stealing and leadoffs permitted
Mercy Rules	-3 Runs Per Inning -10 Run Difference After 5	-3 Runs Per Inning -10 Run Difference After 5	-3 Runs Per Inning -10 Run Difference After 5	-3 Runs Per Inning -10 Run Difference After 5	-3 Runs Per Inning -10 Run Difference After 5
Roster Size	12-15 Players	14-16 Players	14-16 Players	14-16 Players	15 + Players
Game Length	5 Innings or time limit	6 Innings or time limit	7 Innings or time limit	7 Innings or time limit	7 Innings or time limit
Drop third strike	May not advance on dropped third strike	May not advance on dropped third strike	May not advance on dropped third strike	May advance to first on dropped third strike	May advance to first on dropped third strike
Balks	No penalty	No penalty	No penalty	No penalty	No penalty
Scoring Runs	Runner may not score unless a ball is hit in play or is forced home by a walk	Runner may not score unless a ball is hit in play or is forced home by a walk	Runner may not score unless a ball is hit in play or is forced home by a walk	Runner may not score unless a ball is hit in play or is forced home by a walk *	Runners may advance on pass ball. Runners may score on pass ball.
Pass Ball	Runners may not advance on a pass ball	Runners may not advance on a pass ball	Runners may only advance 1 base on a pass ball even if catcher puts ball in play	Runners may only advance 1 base on a pass ball even if catcher puts ball in play	Runners may advance on pass ball

Any rules of play not covered by this document are to follow the rules set out by Baseball NB.

[Baseball NB 11U Minor League Rules & Regulations](#)

[Baseball NB 13U Minor League Rules & Regulations](#)

[Baseball NB 15U Minor League Rules & Regulations](#)

[Baseball NB 18U Minor League Rules & Regulations](#)